

THE PACKING LIST

The following list is a general guide based on a 10-day supply, with weekly laundry provided.

In keeping with our screen free policy, please do not send anything with a screen. All cell phones, portable gaming devices etc., will be confiscated and returned at the end of the session. **No camper** may bring pocketknives, any sharp instruments, firecrackers or weapons of any kind to camp. All articles of this nature **will be** confiscated.

RECOMMENDED CAMP CLOTHING

- 10 t-shirts

- 5 pairs of pants

- 10 pairs of socks

- 10 pairs of underwear

- 6 pairs of shorts

- 1 "nice" outfit for shabbat and banquet night

- 3 sweaters

- 4 towels (2 beach/2 bath)

- 2 pair pajamas

- 2 bathing suits

- 2 sun hats (imperative)

- 1 raincoat or rain poncho

- 1 pair of rain boots

- 1 pair running shoes

- 1 pair shoes suitable for wearing to waterfront (croc's or flip flops)

BEDDING

- 1 pillow

- 1 sleeping bag (essential)

- 2 blankets (we do not permit campers to sleep in their sleeping bags all summer)

- 2 sets of sheets (twin size - essential)

- 2 pillowcases

TOILETRIES

- Toiletry Kit

- 1 Shampoo & soap (biodegradable please!)

- 1 Toothbrush & toothpaste

- 1 Comb and/or brush

- 1 Deodorant

- Plenty of sunscreen

- Insect repellent (we recommend a repellent that contains 30% deet)

GENERAL EQUIPMENT

- Canteen or reusable water bottle (please do not send bottled water)

- Sunglasses

- Laundry bag

- Flashlight & batteries

- Stationery (stamps, pens, pencils, etc.)

- Small "tripping food kit" for canoe trips and overnight camping (compact cup, plate & utensils)

- Musical instruments

- Small sports equipment (e.g., baseball glove)